



# BRIDLINGTON SCHOOL

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12<sup>th</sup> March 2021

## Headteacher's Weekly Roundup Newsletter: Week 23

Dear Parent/Carer,

### What an amazing return to school

It was so great to see our students back to school this week looking, on the whole, really pleased to be back and settling in well to routines that we thought we had all forgotten.

Despite all the challenges of lockdown, most were wearing the correct uniform - we really appreciate your efforts as we know how hard you have all worked for this. Thank you.

Please be aware that we will be working to support those not quite there with uniform over the coming days. A reminder that jewellery needs to be restricted to one earring per ear and nail varnish off for next week please.

Positive attitudes around school and concentration in lessons has been really lovely to see. We know some students have found this really hard and we make a plea for them to talk to their Form Tutor or Pastoral Team about any worries they have - we are here to support and understand that every day may have its own challenges.

We look forward to providing students with the stability and routine that supports and helps their mental health by creating an "as normal" school experience as we can (outside of Covid safe regulations we require to keep everyone safe such as mask wearing, the social distancing, sanitising, bubbles etc).

Please also thank your child for being so cooperative with the new mask wearing in class - this has been done effectively considering what a difference it has been. We await the government review at Easter.

### Class Chart Rewards

The fantastic attitude to learning our students have shown in class this week shows in the rewards they have achieved. Since returning back to full lessons for only 3 days this week, we have issued over 11300 stamps totalling over 28200 reward points. We are super proud of all our students and hope that this fantastic work ethic continues. Remember as parents/carers you can login to the Class Charts app and view the reward points your child receives each day so that you can reiterate the praise at home.



**Lateral Flow Tests in School:**

Our students have really done you proud this week in the way they have approached the lateral flow testing. This is our Bridlington School Family doing its part for the community (the C in our Torch values) by doing all they can to keep themselves and others as safe as possible.

We have had almost 80% of our student population complete their 1<sup>st</sup> Lateral Flow Test and we have begun our second round of testing.

We have employed 8 additional testers to support school staff with testing. We initially planned to test at the end of each school each day but due to the excellent numbers of students participating we will be running catch up sessions p1 the following day so please do not worry if your child does not get tested.

We have experienced some challenges with uploading student results to the test and trace system which has resulted in a delay to some results being received by parents / carers. Please do be reassured that any student who may receive a void result or a positive result would mean we get in contact immediately.

<b>LATERAL FLOW TEST 2</b>				
	<b>Date</b>	<b>Venue</b>	<b>Appointment Time</b>	<b>Catch Up Session</b>
Year 8	Monday 15 <sup>th</sup> March	Sports Hall	1.30pm	Tuesday 16 <sup>th</sup> March period 1
Year 7	Monday 15 <sup>th</sup> March	Gym	1.30pm	Tuesday 16 <sup>th</sup> March period 1

We are expecting our delivery of student home test kits by 15<sup>th</sup> March. We will be handing these to students when they complete their third test on the dates below. Details to follow.

<b>LATERAL FLOW TEST 3</b>				
	<b>Date</b>	<b>Venue</b>	<b>Appointment Time</b>	<b>Catch Up Session</b>
6 <sup>th</sup> Form	Tuesday 16 <sup>th</sup> March	Sports Hall	1.30pm	Wednesday 17 <sup>th</sup> March period 1
Year 11	Tuesday 16 <sup>th</sup> March	Gym	1.40pm	Wednesday 17 <sup>th</sup> March period 1
Year 10	Wednesday 17 <sup>th</sup> March	Sports Hall	1.40pm	Thursday 18 <sup>th</sup> March Period 1
Year 9	Wednesday 17 <sup>th</sup> March	Gym	1.40pm	Thursday 18 <sup>th</sup> March Period 1
Year 8	Thursday 18 <sup>th</sup> March	Sports Hall	1.30pm	Friday 19 <sup>th</sup> March Period 1
Year 7	Thursday 18 <sup>th</sup> March	Gym	1.30pm	Friday 19 <sup>th</sup> March Period 1

From Monday 22<sup>nd</sup> March staff and students will be conducting twice weekly tests at home.



**Focus on student well-being:**

You will be aware that we have created a bespoke curriculum which is tailored to the needs of our Bridlington School student. Each week students study a 'Theme of the week' which helps them to 'Map, Master and Move Forwards' on a particular PSHE issue. The focus on the Autumn Term was on 'Mental health and wellbeing', this being an area of support that students, parents and carers identified as a priority. As we return to school after lockdown 3 and learn to re-establish relationships and reconnect with people outside of our household group we are now focusing on 'Positive Relationships'. The Themes and content coverage can be seen below. If you have any concerns about any of the content, please do not hesitate to contact your child's pastoral team. We want to do all we can to support your child and understand that everyone has had a different experience throughout the last year.

Theme	Content Coverage
1. What are positive relationships?	<ul style="list-style-type: none"> <li>Relationships with self and others.</li> <li>Real and virtual.</li> </ul>
2. Positive relationships with yourself – looking after yourself	<ul style="list-style-type: none"> <li>Low aspirations/apathy</li> <li>Feeling that nobody cares/loves them</li> <li>Self-care</li> <li>Identifying own strengths</li> </ul>
3. Positive relationships with yourself – dealing with anger	<ul style="list-style-type: none"> <li>Identifying triggers</li> <li>Anger management</li> </ul>
4. Positive relationships with yourself – dealing with unhealthy thoughts	<ul style="list-style-type: none"> <li>Unhealthy thoughts</li> <li>Positive responses</li> <li>Self-harm</li> </ul>
5. Positive relationships with friends - Bullying	<ul style="list-style-type: none"> <li>Healthy and unhealthy friendships</li> <li>Bullying</li> </ul>
6. Positive relationships with friends – social media	<ul style="list-style-type: none"> <li>Social media: dangers of grooming</li> <li>Cyber-bullying and sending inappropriate images</li> </ul>
7. Positive relationships with friends – LGBTQ+	<ul style="list-style-type: none"> <li>Personal Choice</li> <li>LGBTQ+ understanding and empathy</li> </ul>
8. Positive relationships with friends – tolerance of other faiths	<ul style="list-style-type: none"> <li>Learning how to appreciate the beliefs of others in a multi-faith society.</li> </ul>
9. Positive relationships with friends – anti-racism and discrimination	<ul style="list-style-type: none"> <li>Understanding the harmful impacts of racism on society.</li> <li>Challenging racism and stereotypes.</li> </ul>
10. Positive relationships with money - poverty	<ul style="list-style-type: none"> <li>UK poverty and where to get help e.g. food banks.</li> </ul>
11. Positive relationships with money – money issues	<ul style="list-style-type: none"> <li>Money management</li> <li>Dangers of gambling</li> </ul>
12. Positive relationships with relatives – the family unit	<ul style="list-style-type: none"> <li>Family unit makeup</li> <li>Relatives in trouble with the law</li> </ul>
13. Positive relationships with relatives – unhealthy relationships	<ul style="list-style-type: none"> <li>What are controlling behaviours?</li> <li>Domestic violence awareness</li> </ul>
14. Positive relationships – boyfriends and girlfriends	<ul style="list-style-type: none"> <li>Boyfriends and girlfriends</li> <li>Consent</li> </ul>



### **Centre Assessed Grades:**

Students have begun discussions with their class teachers about evidence they have to support centre assessed grades. Next week I will be writing with details to specific year groups to fully explain the process and next steps.

### **Reminder about Lateral Flow Testing for over 18s living in the same household as a student**

NHS Test and Trace announced last week, that all adults in households with school and college age children without symptoms can now access regular rapid coronavirus (COVID-19) testing.

Tests can be accessed in 3 ways:

1. through your employer, if they offer testing to employees
2. by collecting a home test kit from a local test site – anyone aged 18 or over can collect 2 packs of 7 tests.

The one nearest to school is:  
Moorfield Road Car Park  
Bridlington  
Bridlington  
YO16 4LE

Use this link to find out opening times for test collection <https://find-covid-19-rapid-test-sites.maps.test-and-trace.nhs.uk/findatestcenter.html>

3. by ordering a home test kit online – please do not order online if you can access testing through other routes, this frees up home delivery for those who need it most

If you have any queries about the tests, and you live in England, please call 119 (free from mobiles and landlines). Lines are open every day from 7am to 11pm.

*Please do not use the lateral flow test school is providing for your child.*

*We will only be given enough stock for students.*

### **Covid-19 Symptoms**

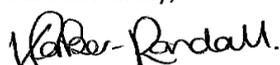
It is really important that you keep your child off school if they or anyone in your household is showing symptoms of Covid-19 or is waiting for a test and your household self-isolates:

- A new and continuous cough
- High Temperature
- Loss or change in sense of taste or smell

Please do inform the school if anyone in your household has symptoms, is awaiting a test or has tested positive by calling 01262 607393 or emailing [office@bridlingtonschool.org.uk](mailto:office@bridlingtonschool.org.uk).

As always should you have any questions, queries or concerns please do contact us on [office@bridlingtonschool.org.uk](mailto:office@bridlingtonschool.org.uk) and we will do all we can to help.

Yours sincerely,



**Kate Parker-Randall**  
**Headteacher**

