



BRIDLINGTON SCHOOL

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4th February 2022

Dear Parent/Carer

WEEK 19: So much to celebrate and so much to look forward to!

We have enjoyed an excellent week at school as we continue to return to more normal school activities. The A-Level Art students benefited hugely from their London trip to prestigious galleries in order to study artists influencing their work. Year 9 have been excited to explore their futures starting with the Humber Opportunity Partnership, they have looked at how to make informed choices, options open to them such as apprenticeship routes when they leave school and how the options process works over the next few weeks. We have been focusing on student pride and presentation of their work in books alongside their learning in class. In our 'Book Looks' this week, it was very pleasing to see that students are clearly taking care in their presentation and pride in their work. I thoroughly recommend look at your child's exercise books and celebrating their efforts too. It has been great to see our cast of 70 students finally get under way with rehearsals for our production of Joseph after a two year wait!

National Apprenticeship Week

We have a busy week in school next week too. We are excited to embrace **National Apprenticeships Week** with year group workshops for Years 10-13 taking place on Wednesday 9th February. The Minister for Skills has written an open letter to students and parents which can be found here. [Open the letter to students](#). [Open the letter to parents, carers, and guardians](#).

UK Youth Parliament – 'Making our Mark'

Next week we are also focusing on UK Youth Parliament elections which are taking place each day next week. UK Youth Parliament enables young people to use their energy and passion to change the world for the better. UK Youth Parliament provides opportunities for 11-18 year olds to use their elected voice to bring about social change through meaningful representation and campaigning. We value this as a school because it supports young people to get involved in their communities and democracy locally, nationally and internationally, making a difference as volunteers, campaigners, decision-makers and leaders.

Online Safety

Monday 8th February also marks the start of internet safety week. It is a high priority for us that we continue to teach students both through the curriculum and assemblies how to keep themselves safe from risky behaviours online. In our last student survey, 93% of students said that they know how to keep them themselves safe online (social media, sharing photos, messaging apps etc). We want this to be 100% and know how important parents and carers role is in this too. Saferinternet.org has some great resources to support parents and carers. <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/advice-for-parents-and-carers> here are their four top tips.

4 Top Tips for Parents and Carers

1. **Having conversations without judgement.** - Whether by playing games, watching videos, or doing things your child enjoys, spending time together online is a great way to start conversations about the online



world and how they're finding being a part of it. It is important to ask questions and take an interest in what your child enjoys online. An essential part of having this open dialogue is to not judge, even if their behaviour or life online isn't what you wanted or expected. This ensures that your child feels they can come to you if ever they make a mistake or experience a problem online.

2. **Knowing where you can learn more about their favourite apps and games.** - Websites like Common Sense Media or The Family Gaming Database can be invaluable sources of information. When your child starts talking about a new game or app, why not do some research into the reporting and blocking options available? Then you can help your child if they come to you with an issue.
3. **Getting support if things go wrong.** - There are lots of organisations who are there to support you and your family if something has gone wrong. The [Report Harmful Content website](#) can help you with issues such as cyberbullying, impersonation and threats. You can report worrying behaviour towards children to [CEOP](#). Find out more on [Childnet's Get Help page](#).
4. **Reassuring your child that whatever happens online, you are there to support them.** - Let your child know that the best way to address any problem they have online, is to tell a trusted adult immediately. For example, this might include someone sending them a friend request; an online message; telling them to visit a specific website, or app; or asking them for their personal information. Reassure them that if anything happens online that they are unsure about, or makes them feel worried or upset, they can come to you for help.

We find the attached Internet Safety poster really helpful to open up conversations with young people too.

Vaccinations for young people:

The NHS school nurse team will be visiting the school on the following dates:

- Wednesday 16th February – Year 9 Meningitis and diphtheria vaccination (Consent has now closed).
- Thursday 17th Friday 18th February – 12-17 year old Covid vaccination (Consent still open please return the online form)
- Wednesday 2nd March – age 16 and over and staff Covid vaccinations (Online consent form to be emailed next week)

Covid-19 Symptoms:

Remember you must not send your child to school if they have a positive lateral flow test or are showing symptoms of Covid-19 which are:

- A new and continuous cough
- High Temperature
- Loss or change in sense of taste or smell

You should contact the school, your child should self-isolate and you should book a PCR test.

We recognise that in our current context where there can be variations of who should / should not self-isolate is complex and making the right decision for your child in terms of their attendance is challenging. As ever we are keen to support you so if you are unsure or need some advice please do telephone the school on 01262 672593 or email office@bridlingtonschool.org.uk and we will do all we can to help.

Finally thanks again for all your support in helping us limit the transmission of Covid-19 and allow students to maximise their attendance at school.

Yours sincerely,



Kate Parker-Randall
Headteacher

