



# BRIDLINGTON SCHOOL

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7<sup>th</sup> April 2022

Dear Parent/Carer

As we near the end of the Spring Term we have so much to celebrate and I want to thank you for working in partnership with us to ensure the best outcomes for your child.

### Celebrating Success:

Our students have enjoyed numerous sporting achievements over this term as you will have seen in our monthly PE newsletter, ranging from cup finals to an outdoor adventurous trip to East Barmby and many inter-form competitions. As well as fixtures and sporting competitions with other schools, many students have delighted in learning beyond the school walls this term as we return to school trips and visits. Amongst other activities, Year 7s have visited York Dungeons, Year 11 and Year 12 Geography students have conducted field trips as part of their coastal, town studies, 6<sup>th</sup> form students have visited the Medical School at Hull University and visited exhibitions and galleries as part of their London art trip, and many students have enjoyed our end of term year group rewards trips. Our Combined Cadet Force (CCF) enjoyed a variety of training exercises at the Air Force Driffield Training Camp as part of a weekend Night Hawk exercise. Our CCF now have their sights set on annual RAF Summer camp at RAF Leeming.

Eco Club has gone from strength to strength completing a range of projects such as making decomposable plant pots, planting trees and students have begun to make bird boxes to improve biodiversity within the school site. Students have shown great passion, commitment and enthusiasm towards improving the Bridlington School community and creating a more sustainable environment. Sixth form Geographers have also played a vital role in facilitating the club and have acted as great role models for students lower down the school. Our Chess club has grown in popularity and we look forward to a staff versus student competition coming soon. Our Performing Arts department ran auditions and casted for our summer production of Joseph showing at the Bridlington Spa on 4<sup>th</sup> 5<sup>th</sup> 6<sup>th</sup> July. They have been hard at rehearsals this term. Tickets are on sale now from The Spa!

We delighted in celebrating World Book day seeing some fantastic costumes, with 6<sup>th</sup> form and staff dressing up as book characters, door decoration competitions and students and staff sharing their personal favourite reads.

The Careers programme continues to prepare students for life after school. Year 10 have been participating in the Barclays Life Skills Programme that provides them with a range of tools, tips and resources to help students recognise and develop the skills and ambitions they have. The programme helps them to build confidence, boost their employability and stand out from the competition. It has also been fantastic to



celebrate our Year 8 students' success in achieving their University of York Shine Passport. The Shine programme aims to raise awareness and knowledge of higher education, whilst inspiring, motivating and encouraging our Year 8s to realise their aspirations and achieve academic success.

Notable events in our student leadership programme have come from our 6<sup>th</sup> form Sports Leaders, who organised and supported a hugely successful Swimming Gala for primary students in our community who have additional needs. Our own student council has worked with every tutor group in school to design our peer on peer abuse policy. We know our students are passionate about having their say on issues that matter to them and many took part in voting in the Youth Parliament. Our students took part, alongside half a million young people, in the biggest Youth Ballot in the UK as part of UK Youth Parliament and identified Health and Wellbeing as the biggest issue facing young people in the UK today. We look forward to seeing who the elected youth members for our area are.

It has been great this term to invite visiting speakers and productions back into school. Most recently, our exam students watched a live production of Macbeth to prepare them for their English exams. Another group participated in a World War 1 interactive experience to help visualise what they may need to write about in history. Students also spent a day designing and building a wind farm as part of their Geography and Technology work.

As you can see, we are very excited to have the opportunity to widen students' experiences both in and out of school with the reduction in covid restrictions. There is much more planned for the summer term, so please do keep an eye out on our social media feeds.

#### **Parent Survey:**

Fundamental to our TORCH values is our close partnership working with you our parents and carers. We all know that this is the key to ensuring young people are successful in achieving their hopes, ambitions and dreams. We very much value your opinion and would like to gain your feedback on a number of areas within school. Please would you take a few minutes to complete a parent / carer survey that asks you how strongly you agree or disagree with the statements about Bridlington School. The closing date for this survey is Friday 22<sup>nd</sup> April. Please use this link: <https://forms.office.com/r/xCWdbTpNEf>

#### **Exploration of academy partnership:**

My letter of 16<sup>th</sup> March informed you that that the Governors passed a resolution to explore conversion to academy status as a partnership with Headlands School. Such partnership work provides an exciting opportunity for Bridlington Town. On Monday 25<sup>th</sup> April, we will launch our Frequently Asked Questions document for parents and carers and open an email opportunity for you to share any questions you may have as we progress. Details to follow.

#### **Start of Term arrangements:**

**Student first day back at school:** Monday 25<sup>th</sup> April 2022. Tutor time starts at 8.30am. The movement bell will ring at 8.25am. Year groups use the same entrance gates as they have used all year.



### **New lesson times:**

From Monday 25<sup>th</sup> April the whole school will follow the same timetable. The start of the school day remains the same, the entrance gates remain the same but break and lunch will be extended slightly and students will use their designated canteen in allocated time slots.

- Tutor Time: 8.30am - 8.45am (15 minutes) Movement bell rings at 8.25am
- Period 1: 8.45am - 9.45am
- Period 2: 9.45am - 10.45am
- Break: 10.45am - 11.05am (20 minutes) Movement bell rings at 11.00am
- Period 3: 11.05am - 12.05pm
- Period 4: 12.05pm - 1.05pm
- Lunch 1.05pm - 1.45pm (40 minutes) Movement bell rings at 1.40pm
- Period 5 1.45pm - 2.45pm
- Period 6: Extra Curricular 2.45pm

**Punctuality:** In our most recent student survey, students told us that their learning is disrupted by students who arrive to class after the lesson has started. This will be reduced by the return to all students following the same times in the school day. In returning to the same school day, we will also be reinstating the sanction of a detention for being 3 times late in a week and internal exclusion for persistent lateness. We will also be reintroducing department time out to support students within subject areas.

### **Uniform:**

***Jewellery*** - We do not allow students to wear jewellery, except for one stud per ear for those with pierced ears. No other body piercings are allowed including clear bars and studs.

***Trousers\**** - Full length plain black school trousers (no badge required).

\* Students cannot wear leggings, sportswear, stretch fabric, short / cropped trousers, jeans, chinos, trousers with coloured belts, gold or silver zips.

***Shoes / trainers:*** Low heeled, plain black (e.g. no coloured flashes, coloured soles or logos).

**School Shoes from September 2022.** Please be aware the rules on school shoes were relaxed for academic year 2020/2021 and given the ongoing impact of Covid-19 we extended this in the spirit of supporting our parents/ carers, for this academic year up to July 2022. This will be the last term we will accept plain black trainers. **From September 2022 we will return to school shoes and NO TRAINERS will be allowed.**

### **Covid-19: East Riding Advice for Education Settings - Learning to live with COVID-19: Update**

The following information is based upon the UKHSA guidance published 1st April 2022 People with symptoms of a respiratory infection including COVID-19 - GOV.UK (<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19>)



COVID-19 is now being viewed by the UK Health Security Agency (UKHSA) in the same way as any other respiratory infection. The symptoms of COVID-19 and other respiratory infections are very similar. The measures school must continue to have in place to avoid transmission, or the spreading of any respiratory infection are:

1. Ensure that the school and classrooms are well ventilated.
2. Support the practise of good hygiene:
  - a. Good hand hygiene (sanitising / washing)
  - b. Catch it, bin it, kill it (use of tissues / encourage all to cover sneezes or coughs)
3. Continue with enhanced cleaning, in particular high touch points

Symptoms of common respiratory infections including COVID-19 and flu are:

- continuous cough
- high temperature, fever or chills
- loss of, or change in, your normal sense of taste or smell
- shortness of breath
- unexplained tiredness, lack of energy
- muscle aches or pains that are not due to exercise
- not wanting to eat or not feeling hungry
- headache that is unusual or longer lasting than usual
- sore throat, stuffy or runny nose
- diarrhoea, feeling sick or being sick

**When children, young people with symptoms should stay at home and when they can return to education**

Individuals with mild symptoms such as a runny nose, sore throat, or slight cough, who are otherwise well, can continue to attend their education setting. All individuals with respiratory symptoms should be encouraged to cover their mouth and nose with a disposable tissue when coughing and/or sneezing and to wash/sanitise their hands after using or disposing of tissues.

It is not recommended that school staff or students are tested for COVID-19 unless directed to by a health professional.

If a young person displays symptoms including high temperature, fever or chills, they should stay at home and avoid contact with other people for 3 days.

After 3 days, if the individual has a high temperature or feels unwell, they should continue to stay at home and avoid contact with other people until 24 hours after they no longer have a high temperature and they feel well enough to attend.

Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

As ever we are keen to support you so if you are unsure or need some advice please do telephone the school on 01262 672593 or email [office@bridlingtonschool.org.uk](mailto:office@bridlingtonschool.org.uk) and we will do all we can to help.



Finally, on behalf of all the staff at Bridlington School I would like to thank you for your ongoing support this term. We hope you and your children have a safe and restful Easter and very much look forward to the Summer Term.

Yours sincerely,



**Kate Parker-Randall**  
**Headteacher**



**Bridlington School KS3 PSHE Curriculum: Summer 2022**

Year 7	
Summer 1 topic: Smoking	Summer 2 topic: RSE – Changing Me
<b>Week 1:</b> The cost of smoking <b>Week 2:</b> Long and short term effects of smoking <b>Week 3:</b> Second-hand smoke <b>Week 4:</b> What influences someone to smoke? <b>Week 5:</b> The risks of smoking	<b>Week 1:</b> Different types of relationships <b>Week 2:</b> Puberty and body development <b>Week 3:</b> Contraception and childbirth <b>Week 4:</b> Different types of parenting <b>Week 5:</b> Self and body image <b>Week 6:</b> Emotional/brain changes in adolescence <b>Week 7:</b> Where can I get help?
Year 8	
Summer 1 topic: Online activity	Summer 2 topic: RSE – Changing Me
<b>Week 1:</b> Cyber bullying <b>Week 2:</b> Risks with online behaviour <b>Week 3:</b> Knowing what is appropriate to share <b>Week 4:</b> Impact of viewing harmful content <b>Week 5:</b> Social media and stress	<b>Week 1:</b> Boyfriends and girlfriends <b>Week 2:</b> How stereotypes negatively impact relationships <b>Week 3:</b> Sexual health <b>Week 4:</b> Negative factors that can make an intimate relationship unhealthy <b>Week 5:</b> How to make sure a relationship is healthy <b>Week 6:</b> Choosing to 'come out' <b>Week 7:</b> Pornography – the law and impacts
Year 9	
Summer 1 topic: Mental health	Summer 2 topic: RSE – Changing Me
<b>Week 1:</b> Peer pressure <b>Week 2:</b> Social groups and influences <b>Week 3:</b> Anxiety <b>Week 4:</b> Anger, self-harm and aggression <b>Week 5:</b> Handling a bereavement	<b>Week 1:</b> Contraception <b>Week 2:</b> STIs and HIV/AIDs <b>Week 3:</b> Online grooming <b>Week 4:</b> County Lines <b>Week 5:</b> County Lines <b>Week 6:</b> Youth violence- knife crime <b>Week 7:</b> Looking ahead – what should I look out for?

