



# BRIDLINGTON SCHOOL

Headteacher:  
Kate Parker-Randall B.Ed Hons; M.Ed

Associate Headteacher:  
Jonathan Butler BSc Hons

Bessingby Road  
Bridlington  
East Yorkshire  
YO16 4QU

Tel: 01262 672593

Email: [office@bridlingtonschool.org.uk](mailto:office@bridlingtonschool.org.uk)  
[www.bridlingtonschool.co.uk](http://www.bridlingtonschool.co.uk)

 [bridschool](https://www.instagram.com/bridschool)  [www.facebook.com/bridlingtonschool](https://www.facebook.com/bridlingtonschool)  [@bridschool](https://twitter.com/bridschool)

17<sup>th</sup> July 2023

Dear Parent / Carer

As we near the end of the school year we have so much to celebrate and I want to thank you for working in partnership with us to ensure the best outcomes for your child. The OFSTED inspectors saw multiple examples of this when they re-confirmed our 'Good' grading in April.

### **CELEBRATING SUCCESS:**

Our students and staff have been incredibly busy both in lessons and in activities outside of lessons with over 40 trips and visits being completed. This term they have included a residential History visit to London, multiple CCF camps and training exercises, Gold Duke of Edinburgh expeditions, university residential visits, Key Stage 3 students visiting GCHQ Scarborough to take part in a carousel of MFL workshops, Key Stage 4 students taking part in field trips and visits to employers and Key Stage 5 students as well as visiting speakers delivering events such as crime safety awareness and anti-discrimination days to name but a few. I would like to thank all those of you who supported our school production of 'Chicago' the musical at Bridlington Spa in July. It was an exceptional performance to a packed Royal Hall. Thank you too to all those parents and carers who celebrated the success of so many students at our Celebration of Achievement event again in a full Royal Hall at the Spa. It was great to celebrate so much talent and commitment to learning with so many students as they received their prizes. Following on from a fabulous Sports Presentation Evening in June, where we celebrated the sporting talents and achievements of our students, we are excited to compete in the East Riding Athletics Championships at Costello on Monday 17<sup>th</sup> July.

### **FLAMINGO LAND:**

The end of year Flamingo Land reward trip takes place on Tuesday 18<sup>th</sup> July. Students going to Flamingo land will meet at the front of school from 8.15am and depart at 9am. Their day is non-uniform and they will need to bring sun-cream and water. We do advise bringing a packed lunch as vendors can be expensive. Grab bags will be taken for students who ordered and are entitled to free school meals. Coaches are expected to arrive back to school at 5pm. Students remaining in school will attend lessons in full school uniform.

### **SPORTS DAY:**

On Thursday 20<sup>th</sup> July we have our school sports day. Students will need to come to school in their PE kit for the full day – we will be adapting activities to the weather. There will of course be lots of shade and



water available. **Please do ensure your child has sun cream, brings plenty of water to drink and a hat is recommended.**

**LAST DAY OF TERM:**

**Friday 21<sup>st</sup> July is our last day of school and is a non-uniform day.** Students will be asked to donate £1.00. All proceeds will go to our local charity The Hinge. We look forward to rewarding our students in our celebration assemblies which will take place in the morning. School will finish at the end of period 4 at 1.05pm. Students eligible for free school meals will be able to collect a grab bag at break time.

**RESULTS DAYS:**

**A-Level Results** - School will be open 10am to 12.30pm on Thursday 17<sup>th</sup> August for Year 13 to collect their results from the English block. A separate letter with further details has been posted,

**GCSE Results** – School will be open 10am to 12.30pm on Thursday 24<sup>th</sup> August for Year 11 to collect their results from the English block. A separate letter with further details has been posted,

**UNIFORM:**

We will be reinforcing the uniform policy (attached) upon our return and would take this opportunity to remind students that this includes hair and jewellery.

Should you have any queries about this policy, or require any assistance in purchasing uniform please do contact your child’s pastoral manager by email on [office@bridlingtonschool.org.uk](mailto:office@bridlingtonschool.org.uk) and we will do all we can to help.

**START OF TERM ARRANGEMENTS:**

**School reopens on Wednesday 6<sup>th</sup> September on a staggered start:**

**Year 7** – On Wednesday 6<sup>th</sup> September at 8.15am arrive to school and line up on the field in your tutor group the same as on induction day. Year 7 will take part in induction activities until lunch time and start lessons after lunch. Thursday will be a normal day according to their timetable (see below for school times).

**Year 12 and 13**– Arrive on Wednesday 6<sup>th</sup> September and make their way straight to the Hall for an assembly starting at 9.30am.

**Year 8,9,10,11** – Staggered start. On Wednesday 6<sup>th</sup> September students should arrive at 10.45am for break time and attend tutor rooms after break for induction and welcome assemblies until lunch time. Students will start lessons after lunch. Thursday will be a normal day according to their timetable (see below for school times).

In September students will arrive through the designated year gates:

	<b>Entrance / Exit Gate</b>
Year 7	Bessingby Road - Side Gate
Year 8	Top Gate at Reception
Year 9	Bessingby Road - Side Gate
Year 10	Top Gate at Reception
Year 11	Bessingby Road – Side Gate
6 <sup>th</sup> Form	Top Gate at Reception



## THE SCHOOL DAY:

Time	Information
8.25am	Movement Bell
8.30am - 8.45am	Tutor
8.45am - 9.45am	Period 1
9.45am - 10.45am	Period 2
10.45am - 11.05am	Break
11.00am	Movement Bell
11.05am - 12.05pm	Period 3
12.05pm - 1.05pm	Period 4
1.05pm - 1.45pm	Lunch
1.40pm	Movement Bell
1.45pm - 2.45pm	Period 5
2.45pm	Period 6: Extra Curricular

### Personal Social Health Education (PSHE) Life Skills Curriculum


For your information, please also find attached the Personal Social Health Education Life Skills Curriculum for the Autumn Term. Should you have any queries about this curriculum please do not hesitate to email us on [office@bridlingtonschool.org.uk](mailto:office@bridlingtonschool.org.uk) and we will do all we can to help.

Please do be aware that the school telephone and email will close at 2pm on Friday 21<sup>st</sup> July and be monitored weekly throughout the summer break. Lines will reopen on Monday 4<sup>th</sup> September 2023.

I will be writing to you again in the last week of August with details for the start of term. In the meantime, I would like to once again take this opportunity to thank you for all your support this year and wish you a safe and restful summer break.

Finally, I close by thanking you for ongoing support this year.

Yours sincerely,



**Kate Parker-Randall**  
Headteacher





Full Governors have adopted the following policy as the full uniform policy.

High standards and a positive work ethic are central to a successful future. Our school uniform creates a sense of belonging to our school community and sets the tone for all our work. The uniform policy is as follows:

**Students in years 7 to 11 this year are required to wear the following school uniform:**

- Polo Shirt: students will need a blue badge on their white polo shirt
- Jumper / Cardigan: Black Bridlington School sweatshirt / cardigan with a blue badge  
No other jumper to be worn in school
- Trousers: Full length plain black school trousers (no badge required)
  - Students cannot wear: leggings, sports wear, stretch fabric, short / cropped trousers, jeans, chinos, trousers with coloured belts, gold or silver zips
- Shoes: Low heeled, plain black shoes, no boots (no coloured flashes, coloured or rubber soles, ballet shoes or canvas, logos or embellishment)\*

**\* Please see uniform policy document on the school website showing pictorial examples of acceptable school shoes.**

It is advisable that clothing is clearly marked with the student's name in case of loss.

**PE kit:**

Students will be expected to wear:

- Navy polo shirt with navy collar and red trim
- Navy blue or black shorts (not cycling shorts)
- Navy blue or black tracksuit bottoms or sports leggings
- Long red socks
- Trainers
- Football boots (certain sports), Gum shield (certain sports), Shin pads (certain sports)
- Optional: Navy hoodie with school badge. Waterproof sports jacket with school badge

We do not allow students to wear any jewellery, except for one stud per ear for those with pierced ears. No other body piercings are allowed including spacers, clear bars and studs, plasters are also not permitted to be worn over piercings. No rings, necklaces or bracelets are permitted.

No accessories to nails including acrylics, varnishes, gels, jewels etc.

Hair should be clean and well-kept - extreme or unusual styles/unnatural colours are not acceptable.

Make-up should be subtle, if worn. Any student wearing excessive make-up will be asked to remove it.

The Headteacher will have the final decision on the definition of extreme/unusual/unnatural hair styles and make-up.



**BRIDLINGTON SCHOOL LIFE SKILLS CURRICULUM:  
KEY STAGE 3 AUTUMN TERM 2023**

**Year 7**

<b>Autumn 1 topic: Relationships</b>	<b>Autumn 2 topic: Changing Me – Mental Health</b>
Week 1: Who am I? Week 2: Diversity Week 3: Stereotypes Week 4: Identifying racism  Week 5: Human rights Week 6: Friendships Week 7: Bullying or banter?	Week 1: Talking about my emotions Week 2: What is happiness - being connected with others Week 3: Early stages of mental wellbeing concerns Week 4: Knowing whether something is good or bad for my mental health Week 5: Importance of exercise Week 6: Mindfulness Week 7: Consolidation - my mental health?

**Year 8**

<b>Autumn 1 topic: Money Matters</b>	<b>Autumn 2 topic: The law and relationships</b>
Week 1: How to successfully manage my money Week 2: Creating a Budget Week 3: Forms of payment Week 4: Interest rates Week 5: The cost of hobbies Week 6: Financial risks Week 7: Consolidation – my finances	Week 1: Marriage Week 2: Roles and responsibilities of parents Week 3: Age of consent and why Week 4: Sexuality Week 5: Gender identity Week 6: Domestic violence Week 7: Hate crime

**Year 9**

<b>Autumn 1 topic: Dreams and goals</b>	<b>Autumn 2 topic: Celebrating difference</b>
Week 1: Who do I want to be? Week 2: Identifying strengths Week 3: Interpersonal skills Week 4: Careers that support society Week 5: Writing a CV Week 6: The law and the workplace Week 7: What is my plan?	Week 1: Protected characteristics Week 2: Positive and negative language - LGBTQAI+ Week 3: What is bullying? Week 4: Diversity across the UK and the world Week 5: Recognising prejudice and racism Week 6: Impact of prejudice and racism Week 7: How do we celebrate difference?



**BRIDLINGTON SCHOOL LIFE SKILLS CURRICULUM:  
KEY STAGE 4 AUTUMN TERM 2023**

**Year 10**

<b>Autumn 1 topic: The dangers of explicit material in the media</b>	<b>Autumn 2 topic: The impact of life choices on mental health</b>
Week 1: Impacts on attitude and behaviour Week 2: The potential damage on relationships from viewing explicit material Week 3: Exploitation Week 4: Pornography and the law Week 5: Sexual consent and capacity to consent Week 6: Reporting issues of consent Week 7: Consolidation lesson - keeping safe	Week 1: Alcohol, drugs and sex Week 2: Impact of drugs and alcohol  Week 3: Sexual coercion Week 4: STIs and keeping safe Week 5: Fertility and reproduction - dispelling myths Week 6: Fertility and infertility Week 7: Consolidation lesson

**Year 11**

<b>Autumn 1 topic: Mental wellbeing: Recognising problems and seeking support</b>	<b>Autumn 2 topics: Gambling, debt and targeted advertising</b>
Week 1: Coping with exam stress/anxiety  Week 2: Breaking down mental health stigma Week 3: Panic disorder/panic attacks Week 4: Everyday stressors and triggers in adult life Week 5: Post-Traumatic Stress Disorder (PTSD) Week 6: Suicidal thoughts Week 7: Social Anxiety Disorder (SAD)	Week 1: Maintaining positive mental health into adulthood Week 2: Understanding gambling Week 3: Resilience towards gambling Week 4: Recognising problem gambling  Week 5: Targeted advertising Week 6: Influencer endorsements Week 7: Risks of online financial lending

**BRIDLINGTON SCHOOL LIFE SKILLS CURRICULUM:  
KEY STAGE 5 AUTUMN TERM 2023**

**Sixth Form**

<b>Autumn 1 topic: Health and Wellbeing</b>	<b>Autumn 2 topic: Health and Wellbeing</b>
Week 1: Class A Drugs Week 2: Class A Drugs continued Week 3: Class B Drugs Week 4: Class B Drugs continued Week 5: Class C Drugs  Week 6: Class C Drugs continued Week 7: Cosmetic and Plastic Surgery	Week 1: Cosmetic and Plastic Surgery continued Week 2: Gender and Identity Week 3: Gender and Identity continued Week 4: Miscarriage and unplanned pregnancies Week 5: Miscarriage and unplanned pregnancies continued Week 6: Relaxation Week 7: Relaxation continued

